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**FOR IMMEDIATE RELEASE**

## **THE JOURNEY ALWAYS BEGINS WITH A SINGLE STEP**

### **THE JOURNEY – STEP BY STEP PODCAST TAKES ITS FIRST STEP ON MARCH 20**

Charlotte, NC - You are never walking alone when Jesus is by your side. But, if you'd like some company, *The Journey – Step by Step Christian podcast* debuts on March 20<sup>th</sup>. With a mixture of compelling testimonies, in-depth Bible studies and roundtable discussions with other Christians on real-world topics, there is something for everyone walking the walk of faith.

With a women-centered podcast (Fun. Feisty. Fabulous!), a full-time job and a book she's writing, host/producer Karyn Beach initially ignored the call for a Christian podcast that the Lord had placed on her heart. She thought, "Surely, Lord, there are more successful podcasters out there. I know there are tons of people with more Biblical knowledge. Finally, there are people with more time to pursue this."

Since God wasn't taking no for an answer, Karyn did what she should have done in the first place. She obeyed. Then during prayer time at a Sunday service in January, the Lord opened the floodgates. He gave her everything from the title to the format. All she had to do was do it.

"There was no more arguing or back and forth, there was just God's word and His will," Karyn said. "In fact, He cleared up the whole 'I-don't-have-time-for-this' argument when in the midst of preparing for the show, I lost my job." Two months later, *The Journey – Step by Step* podcast is set to debut.

Right now, shows are set to debut every other Wednesday, starting March 20<sup>th</sup>.

- The first show showcases the testimony of Sherri Simmons, a former pastor's wife and author of the book, *Underneath the Hat*, who's path to God was anything but typical. (March 20<sup>th</sup>).
- She also shares her testimony and her struggles with suicide and clinical depression.
- For the second show, Karyn is joined by women's Bible study leader Terri Cendejas. They are taking a closer look at prayer and what we must do to have clear and open communication with the Lord (here's a hint, it isn't just about talking!). (April 3)
- The third show features a group of Christians talking about faith and work. Since our faith is 24-hours a day, it is only natural that faith comes to work with us. So, what does that look like? How does our faith impact our decisions and our work like? We're talking about it. (April 17)

*The Journey* is available everywhere podcasts are heard (Apple Podcasts, Google Play Music, Stitcher, RadioPublic...). Listen in for a show that is always informative, engaging and yes, entertaining (who says Christians can't laugh!).

Karyn is a great guest and interview bringing a mix of humor and insight to every discussion.

*The Journey – Step by Step* debuts on March 20<sup>th</sup>. You can subscribe to the show and follow along on Facebook, [www.facebook.com/journeypodcast](https://www.facebook.com/journeypodcast), and on Instagram at <https://www.instagram.com/journey.podcast/>.

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